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INTERPRETATION OF DREAMS: A JUNGIAN PERSPECTIVE

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INTERPRETATION OF DREAMS: A JUNGIAN PERSPECTIVE

Ashok Bedi, MD

Friday, September 28, 2018 | 8:30am-5pm

Dreams are a portal to the soul. They have been consulted since antiquity to guide us. There is reference to the use of dreams in the Old Testament. Sigmund Freud put the use of dreams in the analysis of the unconscious in his classic work – The Interpretation of Dreams. Carl Jung took the interpretation of Dreams to a whole new threshold, not just to unlock the past but the guide the future course of our lives – The Teleologic dimension of dreams. He emphasized the subjective, objective, diagnostic, prognostic, the Teleologic and the great significance of the Initial and other Big dreams in guiding the course of the therapeutic work and the individuation process. When beginning to interpret a dream, Jung suggested that we ask the question: what conscious attitude does the dream compensate? Jung believed that dreams are “to be regarded with due seriousness as an actuality that has to be fitted into the conscious attitude as a codetermining factor” (Jung, CW 16). This seminar on Analytic Technique will pursue this and other questions concerning the use of dreams in clinical practice. The class discussions will focus on the theoretical ideas outlined in the required readings as well as the dreams presented by participants from their clinical practices. This seminar will also provide a forum within which candidates can apply the theoretical concepts being explored in their other classes to the process of working with dreams.

Required Reading

- "Dreams", *Portal to the Source* pages 1-54, 56-69, 79-109, 111-144 ([Purchase on Amazon](#))
- "The Practical Use of Dream-Analysis" C.G. Jung, C.W.16, Para. 294-352
- *Children's Dreams* pages 1-31([LINK](#))
- "General Aspects of Dream Psychology" C.W. 8, Para. 433-529
- "On the Nature of Dreams" C.W. 8, Para. 530-568
- "Individual Dream Symbolism in Relationship to Alchemy" C.W. 12, Para. 44-167

Suggested Reading

- Freud, S. (1954; 1953). *The interpretation of dreams* [Traumdeutung.]. London: G. Allen & Unwin.
- Johnson, R. (1989). *Inner work: Using dreams and active imagination for personal growth*. New York: Harper & Row. doi:ISBN-10: 0062504312 ISBN-13: 978-0062504319
- Jung, C. G. (1974). *Dreams* [Selected works.]. Princeton, N.J.: Princeton University Press.
- Jung, C. G., Jaffe, A., Winston, R., & Winston, C. (1983; 1963). *Memories, dreams, reflections*. London: Flamingo; published by Fontana Paperbacks.
- Whitmont, E. C., & Perera, S. B. (1989). *Dreams, a portal to the source*. London: Routledge.

Learning Objectives

After attending this class, you will be able to:

- 1) Present the Freudian basics of Dream interpretation
- 2) To understand and be able to describe the Jungian approach to dreams.
- 3) To recognize and value archetypal motifs in dreams and how they relate to the psychic processes of the dreamer.
- 4) To learn the process of translating dream language into an interpretation that is relevant to the conscious situation of the dreamer.
- 5) The initial stages of working with dreams noting the position of the dream ego in relationship to the other dream figures.
- 6) The methods of association and amplification within the dream field.
- 7) The compensatory nature of dreams in relation to both outer and inner adaptation.
- 8) Illustrate the use of Dreams in clinical with case examples
- 9) Demonstrate the Jungian process of Dream interpretation using a case example from the audience

LOCATION

The Light House
1220 Dewey Avenue
Wauwatosa, WI 53213

MAP

FEE

\$165
6 CEs (\$15 Fee)

Tea, Coffee & Bottled water provided: Lunch on your own.

All proceeds from this presentation will be Donated to the USA India Jung Foundation, a Wisconsin 501c3 charitable Foundation.

Ashok Bedi, MD, D.P.M, R.C.P.S. (England), M.R.C.Psych. (Great Britain),

F.A.P.A. is a Distinguished Life Fellow of the American Psychiatric Association, a Diplomat Jungian psychoanalyst and a board certified psychiatrist in Britain and USA. He is a member of the Royal College of psychiatrists of Great Britain, a diplomat in Psychological Medicine at the Royal College of Physicians and Surgeons of England, a Clinical Professor in Psychiatry at the Medical College of Wisconsin in Milwaukee and a faculty member at the Analyst Training Program at the Carl G. Jung Institute of Chicago. He is Honorary Psychiatrist at the Aurora Psychiatric Hospital and the Aurora Health Care Network. Trained in Medicine, Psychiatry and Psychoanalysis in India, Great Britain and the US, he is interested in the emerging frontiers of Spirituality and Healing and the synapses of the Mind, Body, Soul and Spirit. He is author of the book, Path to the Soul, (Weiser Books, 2000), Awaken the Slumbering Goddess: The Latent Code of the Hindu Goddess Archetypes (Booksurge publishers 2007) and the coauthor of Retire Your Family Karma, (Nicholas-Hays, Inc. 2003) and the Spiritual Paradox of Addiction (Better Yourself Books, India 2017). These and his other upcoming publications can be previewed at his website pathtothesoul.com.

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