



## JUNGIAN RENDERING OF THE SUFI PATH TO INDIVIDUATION

Product Code: AG-Bedi-Sufi-Path-2018

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# JUNGIAN RENDERING OF THE SUFI PATH TO INDIVIDUATION

Ashok Bedi, MD

Friday, November 2, 2018 | 8:30am-5pm

Scriptures, myths, fairy tales, legends, artistic creations of different cultures and religions embody the shared archetypal wisdom and forms the building blocks of the Collective Psyche and the shared heritage and crucial data base of human civilization. Jung emphasized the critical importance of exploring divergent cultures other than own host culture to get multi-dimensional understanding of the human condition. This permits a better clinical management of our patient's suffering by offering a broader repertoire of archetypal substrate to draw from. Jung explored the Sufi tradition as embodied in the 18th Sura of Koran at the 1939 Eranos Conference. We will explore the 18th Sura of Koran to unpack the Mystical Sufi path to Individuation. This will be further amplified by Jung's Red Book, Clinical vignettes and a Swirling Dervishes movie clip.

## **Required Reading**

- - [masjiduntucson.org/quran/frames/ch18.html](http://masjiduntucson.org/quran/frames/ch18.html). "Sura 18: The Cave (Al-Kahf)." (Attachment)
- - Jung, C. G. 1969. The archetypes and the collective unconscious, Volume 9 - Part 1. 2d ed. Vol. 1, His Collected works, v. 9. Princeton: Princeton Univ. Press.

## **Suggested Reading**

- - James, William. 1982. *The Varieties of Religious Experience*. USA: Penguin Classics.
- - Jung, C. G., and Aniela Jaffé. 1963. *Memories, dreams, reflections*. London: Collins and Routledge & Kegan Paul.
- - Jung, C. G., and Sonu Shamdasani. 2009a. *The red book = Liber novus*. 1st ed, Philemon series. New York: W.W. Norton & Co.
- - Jung, C. G., and Sonu Shamdasani. 2009b. *The Red Book: A Reader's Edition* (Philemon). Edited by Sonu Shamdasani. Philemon - Edition 1 ed. New York, London: W. W. Norton & Company.
- - Stein, Murray. 2017. *Outside Inside and All Around: And Other Essays in Jungian Psychology*. Asheville, North Carolina, USA: Chiron Publications
- - Underhill, Evelyn. 1912. *Mysticism : a study in the nature and development of man's spiritual consciousness*. 3rd ed, rev. ed. London: Methuen.

## **Learning Objectives**

After attending this class, you will be able to:

- 1) Present the basics of the Individuation Process
- 2) Understand the Jungian approach to different thresholds of Individuation
- 3) Recognize the archetypal motifs in the 18th Sura of Quran
- 4) Amplify the comparative exploration of the 18th Sura of Quran and Jung's Individuation Process as depicted in the Red Book
- 5) Illustrate the use of 18th Sura of Quran as a framework to understand the clinical manifestations of Patient's using case vignettes.
- 6) Demonstrate the Jungian process of Individuation in the Sufi Dancing Dervishes using a Movie Clip.

## **LOCATION**

**The Light House**  
1220 Dewey Avenue  
Wauwatosa, WI 53213

## **MAP**

## **FEE**

\$165  
6 CEs (\$15 Fee)

Tea, Coffee & Bottled water provided: Lunch on your own.

**All proceeds from this presentation will be Donated to the USA India Jung Foundation, a Wisconsin 501c3 charitable Foundation.**

**Ashok Bedi, MD, D.P.M, R.C.P.S. (England), M.R.C.Psych. (Great Britain), F.A.P.A.** is a Distinguished Life Fellow of the American Psychiatric Association, a Diplomat Jungian psychoanalyst and a board certified psychiatrist in Britain and USA. He is a member of the Royal College of psychiatrists of Great Britain, a diplomat in Psychological Medicine at the Royal College of Physicians and Surgeons of England, a Clinical Professor in Psychiatry at the Medical College of Wisconsin in Milwaukee and a faculty member at the Analyst Training Program at the Carl G. Jung Institute of Chicago. He is Honorary Psychiatrist at the Aurora Psychiatric Hospital and the Aurora Health Care Network. Trained in Medicine, Psychiatry and Psychoanalysis in India, Great Britain and the US, he is interested in the emerging frontiers of Spirituality and Healing and the synapses of the Mind, Body, Soul and Spirit. He is author of the book, Path to the Soul, (Weiser Books, 2000), Awaken the Slumbering Goddess: The Latent Code of the Hindu Goddess Archetypes (Booksurge publishers 2007) and the coauthor of Retire Your Family Karma, (Nicholas-Hays, Inc. 2003) and the Spiritual Paradox of Addiction (Better Yourself Books, India 2017). These and his other upcoming publications can be previewed at his website [pathtothesoul.com](http://pathtothesoul.com).

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