

New York Center for Jungian Studies
presents the 16th annual

JUNG IN IRELAND

SPRING 2016



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Welcome



Ireland, rich in myth, spirit, and archetypal significance, is a land where the past is inextricably woven with the present. Its beauty and mystique will once again provide the setting for our annual Jung in Ireland programs. Open to individuals from all fields, as well as mental-health professionals, these programs offer an exceptional opportunity for participants to meet and exchange ideas with others from diverse backgrounds, interact with a dynamic, internationally known faculty of Jungian analysts and authors, and experience the magical and alchemical setting of Ireland.

We invite you to join us for one or both of these unique offerings!

—Aryeh Maidenbaum and Diana Rubin, Directors
New York Center for Jungian Studies



APRIL 3–9, 2016
COUNTY LIMERICK
*Forgiveness: Transcending
Anger & Resentment*
*A Program with the Monks
of Glenstal Abbey*



APRIL 9–16, 2016
COUNTY GALWAY
*Growing Older:
Navigating Uncharted
Waters — A Seminar*



Forgiveness: Transcending Anger & Resentment

A Program with the
Monks of Glenstal Abbey

April 3–9, 2016
County Limerick, Ireland

*“Forgiveness is
the attribute of
the strong.”*

—Mahatma Gandhi

As far as we know, there is no such concept as “forgiveness” in the animal world, or in nature. It is part of the human condition, and we all struggle with forgiving those who have hurt or wronged us. But is forgiveness a religious virtue—as most of the world’s religions have defined it—or a psychological and personal dilemma which, if resolved, lifts the weight of the past, allowing us to move forward in our lives?

Photo: grounds of Glenstal Abbey.



Forgiveness: Transcending Anger & Resentment

On both psychological and religious levels, the act of forgiveness can create a pathway to integrating past hurts, and help us avoid the danger of being held hostage by past experiences. In this context, forgiveness “represents our ability to change course, reframe the narrative of the past, and create an unexpected set of possibilities for the future.”

While most people see forgiveness as a process that takes time, it is not unheard of for victims of a crime to grant immediate forgiveness to those at fault. From a religious point of view, this instant forgiveness may fit well with the idea that forgiveness is a sacred or holy virtue, one we should all aspire to. From a psychological perspective, one could alternatively view instant absolution as a form of denial—or an overidentification with the archetypes of martyrdom or sainthood.

Interestingly enough, some research has shown that those who are able to “forgive” suffer fewer health problems, are happier overall in their lives, and more optimistic about the future than those who hold grudges and stay angry. But must we forgive? What if the wrongs done us are simply too great to forgive? Where do we draw the line between forgiving and forgetting? Is there really a difference between being harmed intentionally and being harmed unintentionally? And must one be asked to offer forgiveness or can one simply offer it without being asked?

Nevertheless, what if we cannot bring ourselves to forgive? Does this doom a person psychologically, theologically, and/or physiologically? Or might one consider the decision not to forgive a positive reflection of one’s individuation process, a reflection of mature tolerance, of acceptance of uncomfortable hurts and other emotions?

During the course of this unique program, through presentations by Jungian analysts and the Monks of Glenstal Abbey, and through dialogue and discussion, we will explore these complex questions together.

Photos clockwise starting on facing page: detail of an icon in the Abbey’s collection; entrance to Glenstal Abbey; monks working in the garden; garden bloom; view of the Abbey’s garden. Below: Abbey grounds; classic example of a Celtic cross.

THE SETTING

GLENSTAL ABBEY, home to a community of monks (many renowned scholars among them) is a Benedictine monastery on the Southwest coast of Ireland. It sits on 350 acres, with streams, lakes, woodland paths, and an enchanting walled garden. Surrounding a castle built in the romantic Norman style, it houses a world-famous collection of Russian icons and one of the most important private libraries in Ireland, with a substantial collection of antiquarian books (many dating back to the fifteenth century) on Irish history, Irish literature, biography, and art.





PROGRAM IN BRIEF

SUNDAY, APRIL 3

Check in to Dunraven Arms, located in the heart of Adare, one of Ireland's loveliest villages and where we will be based throughout our program.

Afternoon: Opening presentation by Jungian analyst John Hill, *Forgiveness: Confronting the Unfinished*, followed by an opportunity to get to know one another and a gourmet, opening dinner at our hotel (included).

MONDAY, APRIL 4

MORNING:

Welcome and introductory remarks by Abbot Mark Patrick Hederman, and presentation by noted Jungian analyst and author Ann Belford Ulanov, *What Do We Do If We Cannot Forgive? Part 1*, will focus on the danger of forgiving and the danger of not forgiving.

Lunch at Glenstal followed by a guided tour of its grounds and forest by Brother Anthony Keane (Monastery Forester) who will enchant us with the origins and history of some of the most magnificent trees in Ireland.

Afternoon Father Simon Sleeman, *Unless Forgiveness Finds Its Nerve and Voice* ("Sibyl" in *Field Work* by Seamus Heaney) after which we will return to Adare for dinner on our own.

Please Note: Daily schedule subject to change. For program details, travel arrangements, and registration information see pages 22–23. Participation at religious services optional. Included in cost of program: daily transportation by coach to and from Glenstal Abbey from Adare; daily breaks with coffee, tea, and biscuits; full Irish breakfast daily at the Dunraven Arms; lunch at Glenstal April 4, 5 and 7; opening dinner on April 3, festive dinner with the Monks at Glenstal Abbey on April 5, and closing dinner on April 8.

TUESDAY, APRIL 5

Morning Abbot Mark Patrick Hederman, *Who Are We to Forgive? The Physiognomy of Reconciliation*.

Lunch at Glenstal.

Afternoon:

View and experience firsthand Glenstal's world-famous Russian Icon Chapel with its magnificent, symbolic images, personally guided by Father Gregory Collins, author of *The Glenstal Book of Icons*.

Special presentation: *From Ballads to Byzantium —A Celebration of the life and Poetry of William Butler Yeats* with Nóirín Ní Riain and Abbot Mark Patrick Hederman followed by discussion

Evening Gathering in the Barrington Room of the castle, where several of the monks will join us for a special celebratory dinner.

WEDNESDAY, APRIL 6

Morning Free time to rest and relax, and explore Adare at your own pace.

Afternoon (Optional) Outing to nearby, mystical Lough Gur led by Nóirín Ní Riain. See details on facing page.

Evening Dinner on our own in Adare.

Photos clockwise starting on the facing page: Aerial view of Glenstal Abbey and grounds; detail of an icon from the Abbey's collection; boats in nearby Limerick City; monks gathering for afternoon tea; stained glass windows in Glenstal Abbey.

THURSDAY, APRIL 7

Morning Aryeh Maidenbaum, *Demands and Dilemmas of Forgiveness: A Jewish Jungian's Perspective*.

Lunch at Glenstal.

Afternoon Gregory Collins, Abbot of the Dormition Abbey in Jerusalem, *Christ & Forgiving: Too High a Price to Pay?*

FRIDAY, APRIL 8

Our final day at the Abbey, we will begin with part 2 of Ann Belford Ulanov's *What If We Cannot Forgive? Two Kinds of Witnessing: The Inner Check*.

This will be followed by a faculty and participant discussion as we reflect together on our experience at Glenstal.

Evening Festive closing dinner at the Dunraven Arms.

SATURDAY, APRIL 9

Departure from Adare for airports. For those participating in the April 9–16 "Growing Older" Seminar transportation will be provided to the Connemara Coast Hotel in Galway. Seminar transportation (included) to the Connemara Coast Hotel in Galway.



VISIT MYSTICAL LOUGH GUR with NÓIRÍN NÍ RIAIN

Optional Wednesday Outing

There is no other spot in Ireland so rich with evidence of prehistoric habitation and ceremony, and soaked in mythic traditions. Lough Gur is but 22 km (13.7 miles) from the bustle of the modern city of Limerick, but it stands centuries apart in its symbolic landscape, and millennia apart in its magnificent Bronze Age stone circle, the largest in Ireland.

Led by Nóirín Ní Riain, who was born and raised in the area, we will explore and marvel at the beauty of Ireland's largest and finest stone circle.

FACULTY



Gregory Collins, PhD, holds a doctorate in Byzantine mystical theology. A monk of Glenstal Abbey, he studied at the Jung Institute in Zurich, served as headmaster of the Glenstal Abbey School, and professor of theology and director of both the Monastic Institute and Benedictine University in Rome. Coproducer of the Glenstal Book of Prayer, Father Collins is author of *The Glenstal Book of Icons* and *Meeting Christ in His Mysteries*. In 2011, he was elected Abbot of the Dormition Abbey on Mt. Zion, Jerusalem.



Mark Patrick Hederman, Abbot of Glenstal Abbey, scholar, and prolific author, is a frequent guest on Irish National Television. Founding editor of the "Journal of Irish Studies," he spent the first years of the new century wandering in search of the Holy Spirit, allowing inspiration and coincidence to lead him. Among his many publications are *The Haunted Inkwell: Art and Our Future*; *Walkabout: Life as Holy Spirit*; *Kissing the Dark: Connecting with the Unconscious*; and, his most recent, *Underground Cathedrals*.



John Hill, MA, a graduate of the Jung Institute of Zurich, served for many years as training analyst and lecturer at ISAP-Zurich, along with maintaining a private practice. Born and raised in Ireland, and a graduate of the Glenstal Abbey School, he earned degrees in philosophy at the University of Dublin and at Catholic University. Author of articles on Dreams, Christian Mysticism and Celtic Myth, his most recent publication is *At Home in the World: Sounds and Symmetries of Belonging*.



Detail from the Book of Kells.



Aryeh Maidenbaum, PhD, director of the New York Center for Jungian Studies, is a Jungian analyst in private practice. Among his publications are "The Search for Spirit in Jungian Psychology"; "Psychological Types, Job Change and Personal Growth" and *Jung and the Shadow of Anti-Semitism*. Dr. Maidenbaum is a contributing author to *Current Theories of Psychoanalysis* and is currently writing a book exploring different aspects of Jewish culture and tradition through a Jungian perspective.



Nóirín Ní Riain, PhD, is an acclaimed spiritual singer who has shared the stage with internationally known musicians and lecturers, and has introduced the Dalai Lama at official occasions in Ireland and elsewhere. A theologian, musicologist, and recording artist, she has written several books, including *Listen with the Ear of the Heart: An Autobiography*, and *Theosony: Towards a Theology of Listening*. The subject of a major documentary by RTE (Irish Television), Nóirín currently lives at the Benedictine monastery at Glenstal Abbey.



Father Simon Sleeman, MA, earned his bachelor's degree in psychology and philosophy at University College, Dublin, and a master's degrees in theology from St. John's University. Father Simon was born in Berlin and educated at the Glenstal Abbey School. Headmaster of Glenstal's Secondary School from 1991 to 1998 and bursar of Glenstal Abbey from 2000 to the present, he notes that "providential encounters with psychotherapy, poetry, and alternative philosophies have helped me to forge another understanding of life."



Ann Belford Ulanov, PhD, is a Jungian analyst in private practice in New York City, a member of the Jungian Analytic Association, and former Christiane Brooks Johnson Professor of Psychiatry and Religion at Union Theological Seminary. An internationally known lecturer and prolific author, among her many articles and books are *Spiritual Aspects of Clinical Work*; *The Feminine in Christian Theology* and in *Jungian Psychology*; *The Unshattered Heart: Opening to Aliveness and Deadness in the Self*; *The Living God and Our Living Psyche*; *Religion and the Unconscious*, and *Creativity and Madness*.



Photos clockwise: ruins of Adare Castle; musicians often gather in the local pubs; our hotel, the Dunraven Arms; a guest room at the Dunraven.

ACCOMMODATIONS

Dunraven Arms, Adare, County Limerick

Situated in the heart of Adare, one of Ireland's prettiest villages, the Dunraven Arms, established in 1792, is a deluxe, Old World hotel with impeccable service and authentic Irish ambiance. Its comfortable bedrooms are tastefully furnished with charming antiques. It also houses an award-winning restaurant, as well as a health and leisure center, which includes an indoor, heated pool. Surrounded by picturesque thatched cottages, and within easy walking distance of shops, parks, pubs, restaurants, and historic sites, the Dunraven Arms is an ideal base for our program.



Above: Typical thatched-roof cottage in Adare; classic Irish doorway.



Growing Older: Navigating Uncharted Waters

April 9–16, 2016
County Galway, Ireland

*“The afternoon knows
what the morning
never suspected.”*

—Robert Frost

For most of us, the onset of “later life” catches us by surprise, and happens sooner than we expected. To paraphrase and adapt Jung’s famous quote, “invited or not,” the period we call “later life” is either coming or here already. And if not entered into consciously, this transition period, this time of physiological and psychological change can turn into a crisis or a “meltdown.” On the other hand, it can be the perfect time to connect with what’s most important as we move forward into the next phase of our lives. It is a precious time and a precious opportunity—to review, reflect, re-vision, and reorient our lives to engage with what’s most meaningful to us.



Photos clockwise: Connemara Coast Hotel swimming pool; street scene in Galway Town; hotel guest room; view of Galway Bay from hotel.

Growing Older: Navigating Uncharted Waters

According to many schools of psychology, the development of our personality takes shape between birth and adolescence—or early adulthood at the latest. However, for Jung, our development does not remain fixed and is capable of continued growth. As he describes it, we can, and should, keep developing and individuating throughout our life cycle. The important point to remember is that during any major shift in our development, life does not continue as it has always been. We must be ready to make changes and adapt if we are to remain psychologically and physically healthy.

Recent research has shown that the human brain can remain active, creative, and highly functional during our later years. Too often, we forget that our mental and spiritual health is less a matter of fate than it is a matter of choice. We can either shrink from life, or enlarge it by engaging the passions of our soul, mining the richness of our true Self, and living the life we truly want to live.

The importance of self-reflection and personal growth is paramount at any stage of our lives but is all the more so as we move into our later years, when we should ask ourselves, in different ways than we might have before: What is the meaning of our lives? What has it been until now, and what will it take to remain true to our Self and find meaning in our lives during this later stage?

Through a combination of presentations, workshops, sharing, dialogue, and discussion led by a distinguished and experienced faculty, the focus of this seminar will be to help us explore this vital and all important period of our lives.

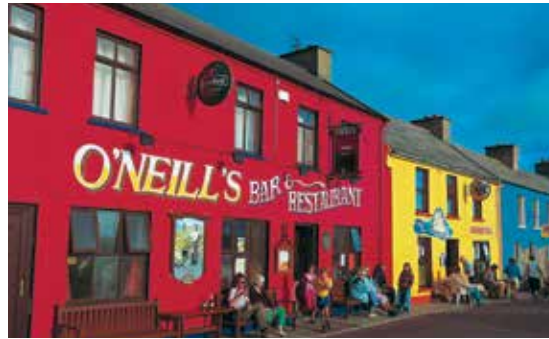
SETTING & ACCOMMODATIONS

Connemara Coast Hotel, County Galway

Overlooking Galway Bay, the lovely Connemara Coast Hotel is magnificently set along a rugged coastline edged with golden beaches. Located just six miles west of Galway City, our seminar site offers old fashioned Irish hospitality, excellent cuisine that features the best of local seafoods; a modern, fully equipped health club and spa; indoor and outdoor jacuzzis; and a large indoor swimming pool. Against a backdrop of the magical Aran Islands, with many rooms affording a view of Galway Bay, the Connemara Coast Hotel provides a picturesque and ideal setting for our program.

MEALS will be wonderful times to get to know each other and interact with presenters. Every day will begin with a hearty, full Irish breakfast, complemented by a wide selection of fresh fruit, local Irish cheeses, and fresh breads. Those who have been with us before know what a treat is in store with gourmet meals and outstanding Irish service at the Connemara Coast Hotel.

Our breaks will feature fresh brewed coffee, traditional Irish and herbal teas, and freshly baked scones. On Sunday, Wednesday, and Thursday, we will lunch together at the elegant Connemara Coast Hotel where we will also enjoy festive gourmet opening and closing dinners. For meals on our own, Galway City has a multitude of charming restaurants, pubs, and cafes.



DAILY SCHEDULE*

SATURDAY, APRIL 9

Arrival Connemara Coast Hotel. Check in, with time to relax and enjoy the hotel's amenities.

- 5:30 p.m. Orientation and an opportunity to get to know one another
- 7:30 p.m. Festive Opening Dinner (included)

SUNDAY, APRIL 10

- 7:00 a.m. Full Irish Breakfast served daily
- 9:00 a.m. Diana Rubin and Aryeh Maidenbaum: Introduction and overview of our week
- 9:30 a.m. J. Pittman McGehee, *Growing Down: A New Direction for Later Life*
- 11:00 a.m. Break for coffee, tea, and scones
- 11:30 a.m. Monika Wikman, *Celtic Myths on Aging and Beyond*
- 1:00 p.m. Break for lunch (included)
- 2:30 p.m. **Workshops I**
 - Lionel Corbett, *Aging in Mythology, Folklore and Dreams*
 - Nóirín Ní Riain, *Maireann croi eadtrom I bhfad — A Happy Heart Lives Forever* (Irish proverb)
 - Monika Wikman, *Transforming Perspective Lights the Journey: Celtic Myth of the Silver Branch*

MONDAY, APRIL 11

- 9:30 a.m. Lionel Corbett, *Discovering Meaning and Spirituality in Later Life*
- 11:00 a.m. Break for coffee, tea, and scones
- 11:30 a.m. **Workshops II**
 - Ashok Bedi, *Resilience Training for Mind, Body and Soul at the Dusk of Life*
 - Sylvia Perera, *Circling, Dreaming, Aging*
 - Monika Wikman, *Growing, While Growing Older: A Workshop for Women*

- Afternoon Free to rest or explore Galway on our own
- Evening Special presentation by Michael Gibbons: *Storm Archaeology on the Connemara Coast* (optional)

TUESDAY, APRIL 12

Free day to rest, enjoy the hotel's spa, and/or explore the mystical Aran Islands, personally guided by Michael Gibbons — one of Ireland's leading archaeologists.

WEDNESDAY, APRIL 13

- 9:30 a.m. Ashok Bedi, *Profiles in Aging: Jungian, Eastern and Neuroscience Perspectives*
- 11:00 a.m. Break for coffee, tea, and scones
- 11:30 a.m. **Workshops III**
 - Lionel Corbett, *Intimacy and Sexuality in Later Life*
 - Sylvia Perera, *Circling, Dreaming, Aging*
 - Nóirín Ní Riain, *Maireann croi eadtrom I bhfad — A Happy Heart Lives Forever* (Irish proverb)
- 1:00 p.m. Break for lunch (included)
- 2:30 p.m. **Workshops IV**
 - Ashok Bedi, *Engaging the Inner Anchorite—Transcendent Function for Timeless Wisdom of the Aging Process*
 - J. Pittman McGehee, *Finding the Extraordinary in the Ordinary*
 - Christina Mulvey, *A Different Kind of Hero's Journey: Finding the Courage to Age Well*

THURSDAY, APRIL 14

- 9:30 a.m. **Workshops V**
 - Lionel Corbett, *Individuation in Later Life: Possibilities and Potentials*
 - J. Pittman McGehee, *Finding the Extraordinary in the Ordinary*
 - Nóirín Ní Riain, *The Happy Heart is True (Brigid of Ireland, 4th century)*
- 11:00 a.m. Break for coffee, tea, and scones



OPTIONAL TUESDAY OUTING TO THE ARAN ISLANDS

Michael Gibbons, one of Ireland's leading archaeologists, will personally lead us on an all day outing to the magnificent Aran Islands, which includes its most famous site, Dun Aengus — a 3,000-year-old, 14-acre, cliff-edge fortress. Situated at the mouth of Galway Bay off the south Connemara Coast, the Aran Islands are still largely Gaelic speaking and among the most beautiful islands on Europe's west coast.

Our outing will include travel by coach and ferry from Galway, a walk to Dun Aengus, and lunch along the way. The trip will be limited to 36 people; details and more information will be sent following registration for the seminar.



11:30 a.m. Workshops VI

J. Pittman McGehee, *Love with Patina on It*

Christina Mulvey, *Age as a Place of Freedom to Explore and Complete Your Unlived Life*

Sylvia Perera, *The Old King and Queen in Irish Tradition*

1:00 p.m. Break for lunch (included)

2:30 p.m. Workshops VII

Ashok Bedi, *Resilience Training for Mind, Body and Soul at the Dusk of Life*

Aryeh Maidenbaum & Lionel Corbett, *Growing, While Growing Older: A Workshop for Men*

Christina Mulvey, *A Different Kind of Hero's Journey: Finding the Courage to Age Well*

FRIDAY, APRIL 15

9:30 a.m. Christina Mulvey, *Artists and Writers Aging Creatively: A Source of Inspiration*

11:00 a.m. Break for coffee, tea, and scones

11:30 a.m. Nóirín Ní Riain, *We Don't Stop Playing Because We Grow Old, We Grow Old Because We Stop Playing (George Bernard Shaw): A Presentation in Story, Poetry, and Listener Interaction*

12:30 p.m. Faculty panel and participant discussion; seminar closure

Afternoon Free to rest, relax, walk, enjoy our hotel's amenities, or explore Galway and vicinity on our own.

Evening Festive, closing dinner (included)

SATURDAY, APRIL 16

Departures for Dublin Airport.

Please Note: Daily schedule subject to change. For program details, travel arrangements, and registration information see pages 22–23. Included in cost of program: full Irish breakfast daily; all breaks for coffee, tea, and scones; lunches on April 10, 13, and 14; welcoming dinner on April 9 and farewell dinner April 15.

FACULTY



Ashok Bedi, MD, Jungian psychoanalyst and board-certified psychiatrist, is a member of the Royal College of Psychiatrists of Great Britain, a diplomat in psychological medicine and Distinguished Life Fellow of the American Psychiatric Association. Training analyst and faculty member of the Jung Institute in Chicago and in private practice in Milwaukee, Dr. Bedi is the author of many publications, including *Awaken the Slumbering Goddess: The Latent Code of the Hindu Goddess Archetypes*; *Retire Your Family Karma: Decode Your Family Pattern and Find Your Soul Path*; and *Path to the Soul*.



Lionel Corbett, MD, trained in psychiatry in England and as a Jungian analyst at the Jung Institute of Chicago. His primary interests are in the religious function of the psyche and in the development of psychotherapy as a spiritual practice. Dr. Corbett is a core faculty member of Pacifica Graduate Institute. An internationally sought after lecturer, he is the author of many publications: *Psyche and the Sacred: Spirituality Beyond Religion*; *The Religious Function of the Psyche*; and *The Sacred Cauldron: Psychotherapy as a Spiritual Practice*. Among his most recent publications are "Jungian Contributions to Development in Later Life," and *Jung and Aging*.



Michael Gibbons, one of Ireland's most respected archaeologists, is highly acclaimed for his ongoing fieldwork in Connemara. A popular presenter, he has lectured worldwide, including at Oxford, Cambridge, the National Geographic Society, and the Smithsonian. Author of *Connemara: Visions of Iar Chonnacht*, as well as numerous articles and reports, he is a member of the Institute of Archaeologists of Ireland, the Croagh Patrick archaeological research team, and the Heritage Council of Ireland.



J. Pittman McGehee, DD, lecturer and educator in psychology and religion, is a widely published author, poet, and essayist. A practicing Jungian analyst in Austin, Texas, he was formerly Carolyn Fay Adjunct Lecturer in Analytical Psychology at the University of Houston, and faculty member at the Jung Institute in Zurich. His many publications include *The Invisible Church: Finding Spirituality Where You Are*, *Raising Lazarus: The Science of Healing the Soul*, and *The Paradox of Love*.



Christina Mulvey, a graduate of the Jung Institute in Zurich, lectures on a range of subjects in Ireland, the UK, Canada, the US, and Switzerland. Her analytic practice in County Wicklow, Ireland, includes individual and group work as well as supervision and the training of psychotherapists. She is especially interested in the application of art, literature, and music to the analytic process while her engagement with, and love of, horses is an important aspect of both her life and profession. Christina's publications include *The Wool Gatherer*, *the Poetry of Analysis*.



Nóirín Ní Riain, PhD, is an acclaimed spiritual singer who has shared the stage with internationally known musicians and lecturers, and has introduced the Dalai Lama at official occasions in Ireland and elsewhere. A theologian, musicologist, and recording artist who was awarded the first doctorate in theology from the University of Limerick, she has written several books, including *Listen with the Ear of the Heart: An Autobiography* and *Theosony: Towards a Theology of Listening*. The subject of a major documentary by RTE (Irish Television), Nóirín currently lives at the Benedictine monastery at Glenstal Abbey.



Sylvia Brinton Perera, MA, an internationally known Jungian analyst, lives, practices, writes, and teaches in New York and Vermont. Faculty and board member of the Jung Institute of New York, she lectures and leads workshops internationally. Her publications include *Descent to the Goddess: A Way of Initiation for Women*; *The Scapegoat Complex: Toward a Mythology of Shadow and Guilt*; *Dreams, A Portal to the Source*; *Celtic Queen Maeve and Addiction: An Archetypal Perspective*; and *The Irish Bull God: Image of Multiform and Integral Masculinity*.



Monika Wikman, PhD, is a Jungian analyst and astrologer. Author of *Pregnant Darkness: Alchemy and the Rebirth of Consciousness*, she has contributed articles and poems to numerous journals. Dr. Wikman lectures and leads workshops internationally on mythology, dreams, wellness, alchemy, and creativity. A graduate of the Jung-Von Franz Center for Depth Psychology in Zurich, she has taught in the graduate department at California State University, Los Angeles, lives and has a private practice in Tesuque, New Mexico, and Gaviota, California.

Cuba!

Myth, Music & Spirit



Now's the time to see Cuba.

Explore this fascinating and vibrant country in the company of Jungian analysts, local scholars, and Afro-Cuban ethnomusicologists. Experience Cuba's well-preserved culture of myth, music, and spirit before external influences begin to change her.

Strongly influenced by African, Caribbean, and Spanish culture, the heritage and archetypal aspects of Cuba are rich and many layered. Its music is unique and Cuba's distinctive form of spiritual practice a fascinating amalgamation of African and Christian beliefs.

January 7–14, 2016

A Marriage of Different Cultures: Havana, Cienfuegos & Trinidad de Cuba

Our trip will begin in Havana, where we will hear presentations by accompanying faculty on the archetypal aspects of Afro-Cuban religious beliefs, including the practice of Santería; enjoy dialogue and discussion with a panel of Cuban professors and scholars; and hear musical performances by outstanding Cuban musicians. Additionally, interspersed with our presentations and meetings, we will explore this captivating city, with its outstanding fine arts and ceramic museums, colonial mansions, cathedrals, fortresses, and cobblestone plazas.

From Havana, we will travel to the jeweled city of Trinidad de Cuba—designated by UNESCO as a World Heritage Site and often called a “living museum.” En route, we will spend a night in the charming, French-influenced, seaside city of Cienfuegos and enjoy an evening dinner at one of Cuba's paladars for a home-cooked meal. From Cienfuegos, it is just a short drive to Trinidad where we will enjoy a guided tour, with ample time to explore and wander this colonial-era town on our own before returning to Havana.

January 15–22, 2016

The Cuba Less Traveled: Santiago, Guantanamo & Baracoa

Our program will begin in Santiago, Cuba's cultural capital and the birthplace of “Son,” predecessor of Salsa music. Highlights will include the Casa de la Trova, (where musicians gather and perform throughout the day and night); El Cobre (Cuba's most important shrine and home to its legendary Black Madonna); the Emilio Bacardi Moreau Museum; the cliff-top fortress and castle El Morro; and San Juan Hill, made famous by Theodore Roosevelt and the Rough Riders.

From Santiago, we will drive the scenic route to Baracoa with stops in Guantanamo for lunch; a music performance of Changui (indigenous to Guantanamo and eastern Cuba); a demonstration of Afro-Cuban dance at Tumba Francesca; and a presentation by the world renowned Ballet Folklórico Cutumba. In Baracoa, we will see the celebrated Cruz de la Parra (a small wooden cross said to have been placed there by Columbus) and, for those interested, there will be an optional outing to the stunning Parque Nacional Alejandro de Humboldt. Throughout, we will hear presentations by accompanying faculty and enjoy dialogue and discussion with local experts.

For more information

including a tentative itinerary, or help with your travel plans, please contact the New York Center for Jungian Studies at jofisher@nyjungcenter.org or call: **845-256-0191**.

The cost of each program is \$4150 and includes:

- Round-trip airfare from Florida aboard a charter flight
- Deluxe accommodations at the Melia hotels in Havana and Santiago
- First-class (best available) hotels in Cienfuegos and Baracoa
- Full breakfast daily, three lunches, and three dinners
- Lectures, presentations, and meetings with local scholars, professors, and musicians
- All group transportation within Cuba by deluxe, air-conditioned coach
- Admission to historic sites and museums on the itinerary

wCE credits available

SAVE THE DATES

23rd annual
*Jung on the Hudson
Summer Seminars*

July 17–22 and July 24–29, 2016
Weeklong programs

July 24–25, 2015
Weekend workshop with James Hollis

To receive more information about these or other New York Center programs, contact us at
845-256-0191 or
JoFisher@NYJungCenter.org

About the New York Center for Jungian Studies

The New York Center for Jungian Studies, founded in 1991 by Aryeh Maidenbaum and Diana Rubin, offers seminars and study tours in extraordinary settings. Led by outstanding analysts and authors, our programs offer a rare opportunity for participants to meet and exchange ideas with others who come from diverse backgrounds, yet all having a common interest in the psychology and ideas of Carl Jung.

Open to individuals of all fields as well as mental health professionals, participants hail from all over the US and abroad. A combination of inspired content, magical settings, superb accommodations, and gourmet meals, provide an unforgettable experience and a unique and meaningful learning vacation.

FOUNDERS & DIRECTORS



Aryeh Maidenbaum, PhD, Jungian analyst, lectures and leads workshops internationally. A contributing author to *Current Theories of Psychoanalysis*, among his other publications are “The Search for Spirit in Jungian Psychology,” “Psychological Types, Job Change and Personal Growth,” and *Jung and the Shadow of Anti-Semitism*.



Diana Rubin, LCSW, in private practice in New York City and the Hudson Valley, specializes in working with creative and performing artists. For many years a staff psychotherapist at the Postgraduate Center’s Institute for the Performing Artist, she has organized and led Jungian seminars and study tours for more than 20 years on topics related to Jung, creativity, and the arts.

REGISTRATION INFORMATION

APRIL 3–9, 2016 COUNTY LIMERICK

Forgiveness: Transcending Anger & Resentment

Cost: \$2,950* includes:

- Six nights accommodations at Dunraven Arms Hotel in Adare
- Transportation by coach to and from Glenstal Abbey throughout the program
- All presentations and discussions
- Full Irish breakfast daily; all breaks for coffee, tea, and scones; three lunches; and three dinners

APRIL 9–16, 2016 COUNTY GALWAY

Growing Older: Navigating Uncharted Waters

Cost: \$2,850* includes:

- Seven nights accommodations at Connemara Coast Hotel in Galway
- Full Irish breakfast daily; all breaks for coffee, tea, and scones; three lunches; and two dinners
- All presentations and workshops.

***Please Note:** \$95 registration fee for both programs (waived for enrollment by December 10, 2015, or for participation in more than one program). All program costs are based on double occupancy; single supplement (\$375) and gratuities (\$125) additional.

Participation Open to the general public as well as mental health professionals. No prerequisites are required. Arrangements can be made for family or friends interested in accompanying participants (but not attending) both programs. All rights are reserved to ask a participant to leave who is disruptive to a program.

Special Arrangements for More Than One Program For those participating in both Glenstal and Seminar programs, transportation from Adare to Galway will be provided at no additional cost.

Travel Arrangements (Seminar) Round-trip transportation by coach from a Dublin Airport hotel to the Connemara Coast Hotel on April 9, and from the Connemara Coast Hotel to Dublin Airport on April 16, will be available at cost of 40 Euros per person in each direction. Please call our office for details and departure times. If you need help booking your flight, contact Jo Fisher at our office at 845-256-0191, or e-mail: JoFisher@NYJungCenter.org

Tax Deductions Seminars of this type generally meet the requirements for IRS deductions.

HOW TO REGISTER:

For your convenience, register by telephone, mail, fax, or online.

• **By telephone:** Call us at 845-256-0191, and we will be happy to help you register, provide more information, and/or help with your travel plans.

• **By mail or fax:** Complete the attached registration form, include credit card information or check payable to the New York Center for Jungian Studies for \$600 per program (as a deposit to hold your space). By post to:
New York Center for Jungian Studies
27 North Chestnut Street
New Paltz, NY 12561

• **Online: NYJungCenter.org** (with a credit card), by clicking the “Register” button.

Please note: a deposit of \$600 for each program is required to reserve your space. Registration form must be completed in full, including credit card information for registration online or by fax.

Payment in full due by January 20, 2016. Subject to space availability, participants may still register after this date at an additional cost of \$95

Credits and Certificates CE credits for psychologists are provided by The Spiritual Competency Resource Center which is co-sponsoring this program with the New York Center for Jungian Studies. Spiritual Competency Resource Center is approved by the American Psychological Association to sponsor continuing education for psychologists. The Spiritual Competency Resource Center maintains responsibility for the program and its content. For more details, see our website NYJungCenter.org. Certificates of attendance available at a cost of \$10 per certificate. CE credits for psychologists will be issued at a cost of \$35 per certificate.

Trip Cancellation Insurance Participants are urged to purchase travel insurance for losses necessitated by having to cancel participation. For your convenience, insurance information will be sent upon registration—or consult your own insurance agent.

Cancellations & Refunds Deposit refundable, less \$175 administrative fee, if request is received in writing on or before December 10, 2015.

Disclaimer of Responsibility

By registering for any or all of the Jung in Ireland programs, participant specifically waives any and all claims of action against the New York Center for Jungian Studies and its staff for damages, loss, injury, accident, or death incurred by any person in connection with these programs. In the event it becomes necessary or advisable to alter the itinerary, including faculty or hotel substitutions, such alterations may be made without penalty. Visit our website: nyjungcenter.org for more details.

REGISTRATION FORM

name _____
address _____
city _____ state _____ zip _____
daytime phone _____
evening phone _____
cell phone _____
e-mail _____

I am unable to attend, but please keep me on your mailing list for future programs.

Glenstal Abbey Program, County Limerick April 3–9, 2016

Yes! I am registering now and my deposit of \$600 is enclosed

I prefer a single room
(single-room supplement \$375)

I prefer a double room

I will share a room with:

Growing Older, County Galway April 9–16, 2016

Yes! I am registering now and my deposit of \$600 is enclosed

I prefer a single room
(single-room supplement \$375)

I prefer a double room

I will share a room with:

Flight Arrangements

I will make my own flight arrangements

I would like help in making flight arrangements and will contact the New York Center for Jungian Studies office at (845) 256-0191 or e-mail JoFisher@NYJungCenter.org

Payment

Please charge \$ _____ to my:

MasterCard Visa American Express

card holder's name _____

card number _____

exp. date: mo/yr _____ validation code _____

signature _____



New York Center for Jungian Studies

presents the 16th annual

JUNG IN IRELAND

SPRING 2016

*We invite you to join us for one or both
of these unique 2016 offerings.*



APRIL 3-9, 2016
COUNTY LIMERICK

*Forgiveness: Transcending
Anger & Resentment
A Program with the Monks
of Glenstal Abbey*



APRIL 9-16, 2016
COUNTY GALWAY

*Growing Older:
Navigating Uncharted
Waters — A Seminar*

New York Center for Jungian Studies

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