

DIVINING THE THAR DESERT: THE SEARCH FOR THE CREATIVE WELLSPRING

A Jungian Roadmap into the Soul of Ancient Indian Civilization

Guest Faculty

Ashok Bedi M.D., Jungian Psychoanalyst and Ami Bedi, LPC NCC

February 14 - 25, 2025

The C.G. Jung Foundation of New York and C.G. Jung Institute of Chicago are proud to sponsor the 18th educational tour of India in February 2025. This trip is an opportunity to see India through the lens of analytical psychology. Join us in this Jungian passage to the dream like, archetypal landscape of India, including a luxury tented retreat in the Thar Desert, Jaisalmer, a World Heritage site and part of the Silk Road. Jodhpur with its majestic Mehrangarh Fort was a flourishing trading town in its heyday. At the end we gather with Dr. Bedi at the beautiful Chhatrasagar retreat, a magical hideaway in the Rajasthani countryside, exploring rural life and the amazing bird sanctuary.

Individuation implies becoming whole and the personal best version of ourselves. It is a journey around the world and in the deepest recesses of our Psyche, it is about wandering without getting lost. At some point in this soul journey, one must encounter the desert, both literally and in our psychic landscape. Jung encountered the desert in his dark night of the soul as chronicled in his Red Book. The wisdom of our depths speaks to us in the desert. The soul of a culture is archived in the myths, stories, songs, folklore and customs of its desert. The wellspring of the desert holds the memories of a civilization's triumphs and tragedies. The Indian desert of Rajasthan is one such vessel of the archetypal soul of India with its guidance and cautions. We hope to engage its spirit in our journey through the several cultural oasis in this timeless desert.

Together, we will explore India and its timeless desert spirit with the unique Jungian lens of Analytical psychology under the guidance of the quaternity of **Ashok Bedi, M.D., Jungian analyst, Ami Bedi, LPC NCC**, trauma specialist and psychotherapist, Usha Bedi retired chef of Dancing Ganesha and cultural guide, and Regine Oesch-Aiyer, head navigator and Indophile with her unique blend of her Swiss precision amid the perpetual Indian chaos.



The Jungian Faculty for this journey is **Ashok Bedi, M.D.**, a Jungian psychoanalyst and a board-certified psychiatrist. A Distinguished Life Fellow of the American Psychiatric Association, he is a Clinical Professor in Psychiatry at the Medical College of Wisconsin in Milwaukee and a training analyst at the Carl G. Jung Institute of Chicago. He is the liaison for the IAAP for developing Jungian training programs in India. He leads the annual "Jungian Encounter with the Soul of India" study group to several centers in

India under the auspices of the New York Jung Foundation. His publications and upcoming programs may be previewed at www.pathtotheshoul.com

Ami Bedi, LPC, NCC of Akhilanda Consulting is a Milwaukee-based psychotherapist with a specialization in trauma therapy. Over the past 15 years, she has focused on and elevated wellness and emotional self-awareness as forms of liberation and decolonization within the non-profit and private sector. As our culture has been facing the deep rooted impacts of systemic oppression and the long-term impacts of colonialism, Ami has helped people reconnect to collective wisdom as a cornerstone to healing and transformation, for individuals, families, communities, and culture.

This journey offers 14 CEUs relevant to the theme of our journey and may be tax-deductible for mental health professionals to the extent the law allows. For more information or to reserve your space please write to regine@mindfuljourneys.com

We look forward to your participation in this new and refreshing journey, as Dr. Ashok Bedi amplifies and deepens Jung's writings and teachings through his talks, lectures and dream groups in light of new research in psychology and neuroscience. We will also dialogue with local experts to let the boots on the ground perspective of the timeless wisdom of India.

The C.G. Jung Institute of Chicago maintains responsibility for this program and its content. Please note that the size of the group will be limited. Therefore, it is important that you register early in order to secure space for yourself and your friends. For more information on this special journey, please visit www.mindfuljourneys.com and write to regine@mindfuljourneys.com or call 212-203-1239 for more information. We will be pleased to have you join us for this special educational venture.

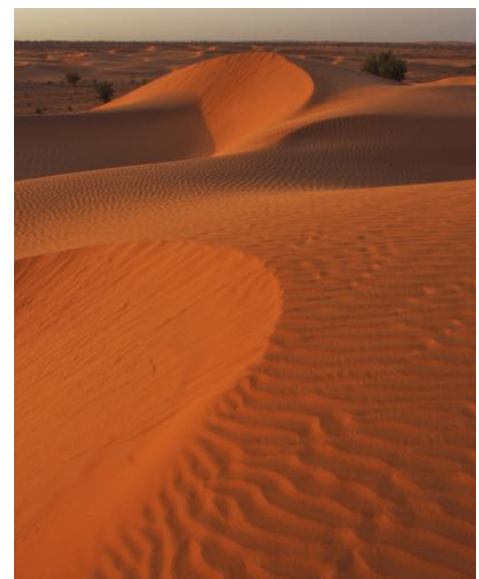
Itinerary

February 13 - 14, 2025 U.S to New Delhi

We arrive in New Delhi late evening of the second day where we are met by our VIP representative at the aerobridge to navigate us through immigration and customs, handing us over to Travel Scope, our tour operator, to be transferred to **Roseate House**.

February 15, 2025 Delhi - Jodhpur - Manvar

After breakfast we take a mid morning flight from Delhi to Jodhpur, from where we drive to Manvar to stay at our luxury tented camp, the Manvar Kumat, **Manvar Camp** located in the Thar Desert. After resting from the journey we meet for dinner at the camp.



February 16, 2025 Manvar

This morning we meet for our introductory lecture with Dr. Bedi. Late afternoon we leave for a thrilling sand dune safari exploring the desert with experienced guides. A mesmerizing experience as the sun casts a golden hue across the landscape. We return to the camp for dinner

February 17, 2025 Manvar - Jaisalmer

We drive to Jaisalmer after breakfast and settle into the [Taj Gorbandh Palace](#) After lunch we meet with Dr. Bedi for a lecture and talks. Dinner together at the hotel.

February 18, 2025 Jaisalmer

Jaisalmer was a bustling caravanserai along the Silk Route. The royal Rajput clan grew wealthy collecting taxes from merchants en-route from India to Afghanistan. Today the town is preserved as a World Heritage site, its pale-yellow sandstone structures resemble a shimmering mirage in the desert, and it has the whimsical exoticism of a by-gone fairytale era.



This morning we discover the historic quarter and havelis in the old city, exquisitely carved lattice work and sand stone architecture where rich merchants who traded on the Silk Road lived. We explore the lovely lanes with small shops.

In the late afternoon we meet for talks with Dr. Bedi. Dinner at the hotel

February 19, 2025 Jaisalmer

This morning we drive to **Kuldhara** – a haunted, abandoned 13th century deserted village west of Jaisalmer. A myth tells an intriguing story where everyone left town, never to return. We will find out why.

Afternoon enjoy a swim or reflect on our journey before meeting for a late afternoon lecture and talks. Dinner at our hotel

February 20, 2025 Jaisalmer - Jodhpur

Jodhpur epitomizes the romance and feudal splendor of Rajasthan with the majestic Mehrangarh Fort. The town was a flourishing trade center for opium, silk, and copper. Painted a brilliant shade of blue, Jodhpur is the last bastion of fort ramparts, colorful bazaars and animated people with their storytelling traditions.

Our drive to Jodhpur takes us through the Thar Desert, a four hour drive.

Our home is the [Raas hotel](#) overlooking Mehrangarh Fort. Dinner at our hotel.

February 21, 2025 Jodhpur

This morning we visit Mehrangarh Fort – one of the most majestic of Rajasthan's forts, described by the author Rudyard Kipling as "the creation of angels, fairies, and giants." Its forbidding ramparts are in sharp contrast to the flamboyantly decorated palaces within. Later we walk down the narrow alleys leading to the Old City with its exquisite havelis with pale indigo walls. Many believe that indigo was mixed in the lime to provide a cooling effect against the harshness of the desert sun.

In the afternoon we meet for a lecture, and before dinner have an opportunity to explore some of the wonderful shops in town. Dinner at our hotel.

February 22, 2025 Jodhpur - Chhatrasagar

Chhatrasagar was built as a hunting lodge of the Nimaj Estate, surrounded by lush green fields and a 100-year-old reservoir, built by Thakur Chhatra Singh, a powerful noble of Marwar in the 19th century to create a water source for his kingdom.

After breakfast we drive to Nimaj where we settle into our private estate, the luxury Raas **Chhatrasagar camp** in time for lunch.

A very diverse bird life comprises over 200 species. We can watch the birds from close quarters, and take a guided nature walk in the wilderness around the camp, early morning or early evening. Dinner at the camp.

February 23, 2025 Chhatrasagar

Early morning bird walk or yoga class, followed by breakfast.

Mid morning we meet for talks and discussions, followed by a late afternoon boat ride on Lake Chhatra Sagar to discover the rich mangroves and the inhabiting birdlife.

Dinner at the camp and drinks around the camp fire under a star studded dark sky.

February 24, 2025 Chhatrasagar

Early morning birdwatching or yoga class

After breakfast we meet for our closing talk, sharing and reflecting on our journey.

After lunch we explore the surrounding farms and villages near the camp, meeting the farmer and shepherds, some inviting us into their homes. Farewell dinner at our camp.

February 25, 2025 Chhatrasagar - Jodhpur - Delhi

We drive to Jodhpur airport, a 3 hour drive, to fly to Delhi. We arrive at Delhi airport early evening. International flights leave late night/early morning February 26. Our representative will meet and transfer us to the airport with VIP assistance to check in for our international flights home. Arrival in the US next day **February 26, 2025**



Tour Cost

Jung Journey per person double occupancy \$8,875

Single room Supplement \$2,400

International economy Airfare New York/Delhi/ New York approx. \$1400*

*subject to change

**Suggested charitable Donation: C.G. Jung Foundation New York \$100
C.G. Jung Institute of Chicago \$100**

Land Cost Includes:

- Double/Twin accommodations in hotels mentioned in itinerary incl. taxes
- Breakfast and dinner daily as listed in the itinerary
- All ground transportation within India
- All sightseeing, entertainment and cultural activities listed or equivalent
- All group transfers within India
- English speaking tour escort
- Airfare Delhi - Jodhpur - Delhi
- Most gratuities

Not Included:

- Visa processing and travel insurance
- International air tickets
- Items of personal nature
- Alcoholic beverages and meals not listed in the itinerary
- Early arrival and late departure transfers

Air and Insurance Information

For those interested in purchasing international airfare or travel insurance, please contact Maury Newburger at 374-497-1233 maury.newburger@protravelinc.com Airfares are subject to the cancellation policies of the airline in effect at time of booking.

Please remember to buy changeable or refundable air ticket

Cancellation Fees

November 14, 2024, 25% of tour cost, December 14, 2024, 50% of tour cost and January 14, 2025 100% of tour cost. \$250 cancellation fees once deposit is received.

For more information, or to reserve your space, please e-mail:

regine@mindfuljourneys.com or call: 212-203-1239

**Pre- trip to Delhi - Agra - Jaipur
February 10-15, 2025**

Please inquire about this special pre-tour itinerary. Note that Dr. Bedi will not accompany this pre-journey.

Participant Responsibility Agreement

I have visited the U.S. Centers for Disease Control website: <https://wwwnc.cdc.gov/travel/> and checked the U.S. Department of State Travel Advisories and Alerts website for the Tour destination(s): <https://travel.state.gov/content/travel.html> I have read further country-specific details on these pages that could affect travel, such as entry/exit requirements, local laws and customs, health conditions, transportation, safety, risks, and other relevant topics.

In consideration of this advice and reference, I/we hereby agree to hold the Tour Sponsors harmless from any and all claims for illness and/or injury, including loss of life, and any and all expenses related thereto, and any and all other losses sustained as a result of the pandemic impacting any aspect of this journey, including its cancellation.

Travel Scope (India) Private LTD, The C.G. Jung Foundation of New York and Mindful Journeys LLC, (hereinafter "Tour Sponsors") are responsible only for assisting in making arrangements with respect to all transportation, hotels and other matters of reservations and tour operations and they do not represent or act as agents for transportation carriers, hotels or other suppliers of services connected with this tour. The tour sponsor assumes no responsibility for loss, damage, injury, accident, delay or other irregularity, expenses or liability caused by the defect of any vehicle or negligence or default or any independent contractors, their employees, agents, or representatives engaged in providing services in connection with the tour or for losses, expenses or delays arising from sickness, pilferage, labor disputes, machinery breakdown, quarantine, government restraints, war, acts of terrorism, weather conditions or such other causes. All such losses or expenses shall be borne by the tour participant. Baggage and personal effects are the sole responsibility of the owners at all times. It is understood that air tickets when issued shall constitute the sole contract between the passenger and the carrier concerned. All services are subject to the laws of the country in which they are rendered.

As a condition to acceptance of each participant, each participant represents that he/she has read the schedule of activities for this tour and recognizes and accepts any risks thereof and thereby agrees for and on behalf of himself or herself and his or her heirs, executors and administrators to abide by the conditions set forth above, and to release or hold harmless the tour sponsor from any liability, claims and demands, however caused, for delays, damage, loss, injury or death, occurring in relation to the tour, and for loss of or damage to his or her property, however occurring, during any portion of, or in relation to the tour. Prices and Dr. Ashok Bedi's participation are based on a minimum of 10 participants.

I have read the schedule of activities and responsibility for the Travel Scope (India) Private LTD, The C.G. Jung Foundation of New York and Mindful Journeys LLC "Divining the Thar Desert" February 14-26, 2025 and accept all risks thereof. I understand and agree on behalf of myself, my dependents, heirs and agree to abide by the conditions set forth under Responsibility and to release and hold harmless Travel Scope (India) Private LTD, The C.G. Jung Foundation of New York and Mindful Journeys LLC from any liability for delays, injuries, or death or for the loss of or damage to, any property however occurring in relation to the Travel Scope (India) Private LTD "Divining the Thar Desert" February 14-26, 2025

Signature.....

Date.....

Print Name.....

Signature.....

Date.....

Print Name.....

Participation Form

Divining the Thar Desert: the Search for the Creative Wellspring A Jungian Roadmap into the Soul of Ancient Indian Civilization

February 14 - 26, 2025

Name 1 Please print your name as it appears on your passport

Name 2 Please print your name as it appears on your passport

Address _____

City _____ State _____ Zip _____

Phone (H) _____ (W/Cell) _____

Please circle one of the following choices:

Double/Twin room, rooming with

Single room

I would like a roommate, if not available, I agree to pay the additional charge of \$2,400

I have read the "Responsibility" clause and agree to the terms therein and am returning the signed form along with my registration.

Enclosed is my deposit check for **\$2,000** per person

Final payment is due November 14, 2024

American Express, Visa or MasterCard are accepted for final payment

Check payable to: Mindful Journeys LLC

Return to: Mindful Journeys LLC

Regine Oesch-Aiyer

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